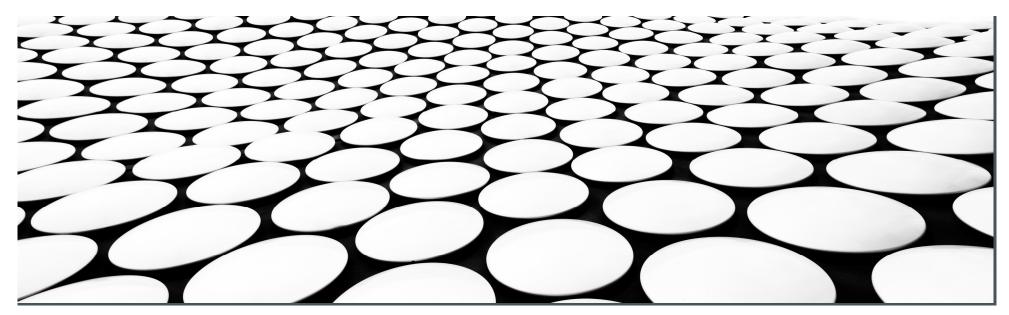
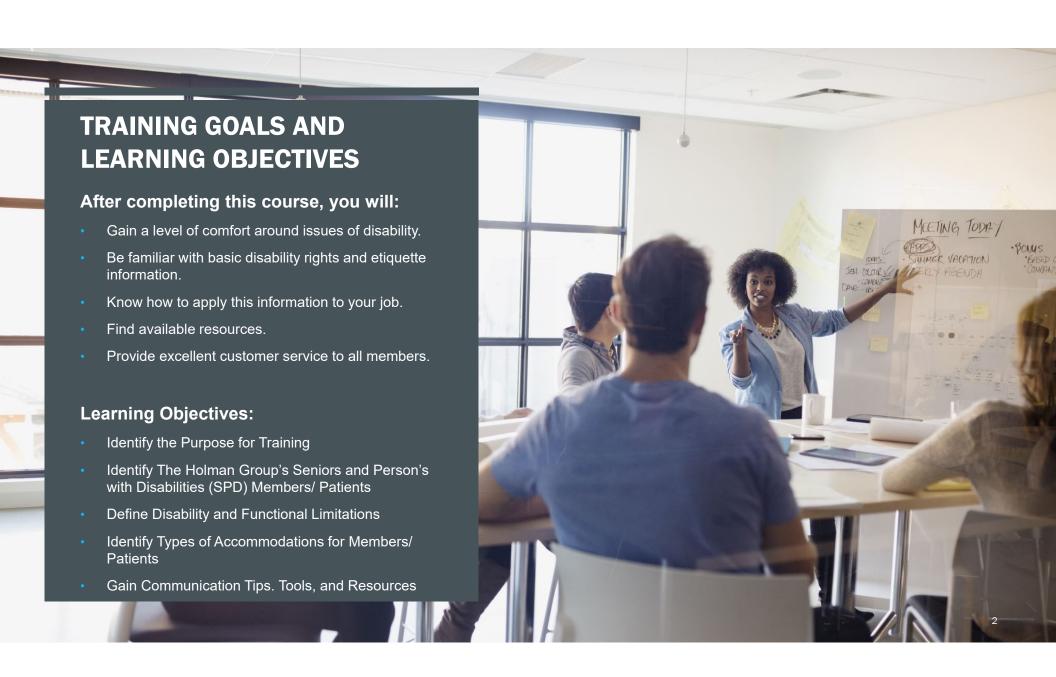
# PROVIDER TRAINING - SERVING SENIORS AND PERSONS WITH DISABILITIES



**ANNUAL TRAINING 2023** 



Last Updated: 05/30/2023



#### TRAINING PURPOSE



Holman Group's goal and commitment is to serve all of its members/patients with compassion and respect, ensure that communications, physical spaces, services and programs are accessible to people with special needs (including visual, hearing, cognitive and physical disabilities), and be the member's partner in mental/behavioral health care

### INTERACTING WITH SENIORS

- Speak at Your Normal Volume
  - Talk louder only when you are asked.
  - If you are a fast-talker, slow down a bit.
- Address the Person Formally
  - Use "Mr." or Mrs."
  - Do not use, "dear", "sweetheart", or "sweetie".
- Always Ask Before Helping
  - Offer your arm for balance, if needed.
  - Do not grab the person's arm.
- Be Patient
  - Be patient, be patient, be patient.
  - Be patient, be patient, be patient.





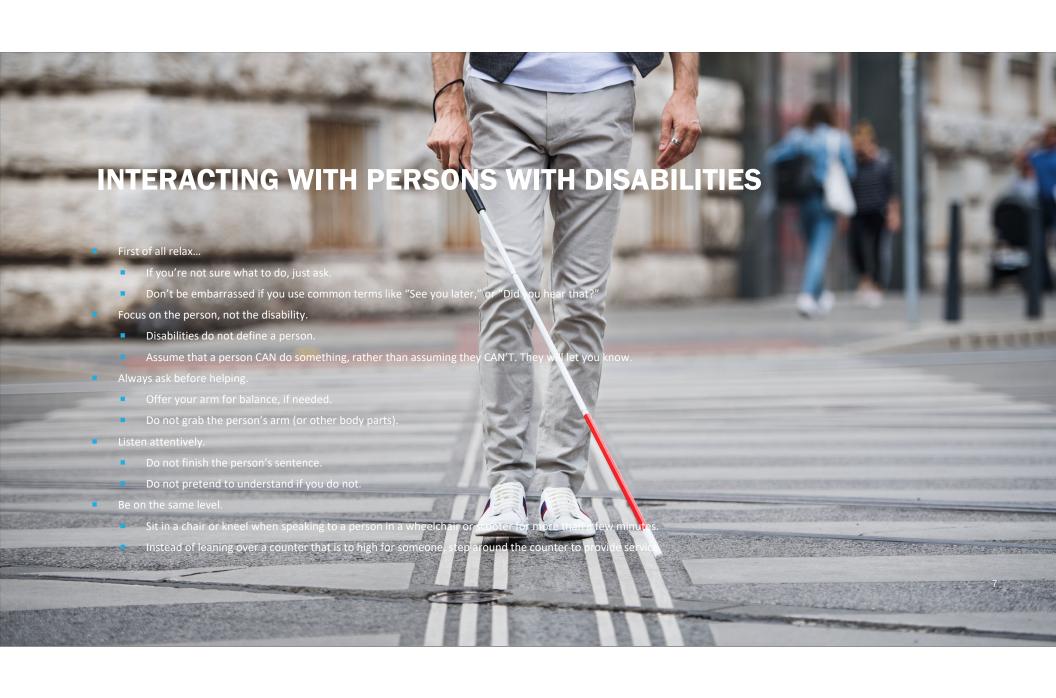
# AMERICAN WITH DISABILITIES ACT (ADA)

- Federal Civil Rights Law passed July 26, 1990
  - Protects persons with disabilities, similar to the protection on the basis of race, color, sex, national origin, age, and religion.
- Ensures equal access to employment, public services, public accommodations, transportation, and telecommunications.

## WHAT IS DISABILITY?

- Disability defined by the ADA is:
  - Physical or mental impairment that substantially limits one or more major life activities; or
- Record of a physical or mental impairment that substantially limited a major life activity; or
- Being regarded as having such an impairment.





#### **TYPES OF ACCOMMODATIONS**

Physical Accessibility	Provider Office Policies	Assisting Patients with Limited Mobility	Assisting Patients Who Are Blink or Have Low Vision
<ul> <li>Building entrances</li> <li>Restrooms</li> <li>Parking lots</li> <li>Doors, doorways, and hallways</li> <li>Waiting areas and reception desk</li> <li>Drinking fountains and water coolers</li> <li>Elevators</li> <li>Posted signs</li> <li>Telephones</li> <li>Forms and documents</li> </ul>	<ul> <li>Flexible appointment times</li> <li>Longer appointment times</li> <li>Providing support to fill out forms</li> <li>Providing lift assistance</li> <li>Providing print materials in alternate formats</li> <li>Allowing service animals</li> </ul>	<ul> <li>Do sit down.</li> <li>Do relax, speak directly and be attentive.</li> <li>Do ask before you attempt to help.</li> <li>Do ask how assistive devices and equipment work if you don't know.</li> <li>Don't stand.</li> <li>Don't speak through a caregiver or companion or treat the person as invisible.</li> <li>Don't start pushing someone's wheelchair unless asked.</li> <li>Don't tough or move a person's wheelchair, cane, crutches, or walker without consent.</li> </ul>	<ul> <li>Patients may use a white cane or a service dog.</li> <li>Patients may or may not need assistance.</li> <li>Do identify yourself.</li> <li>Do ask before you attempt to help.</li> <li>Don't shout.</li> <li>Don't move someone's cane without asking. If you move it tell them where it is.</li> </ul>

#### **INTERACTING WITH PERSONS WITH DISABILITIES**

If you have trouble communicating:

understand.

Offer paper and pen.



	Do		Don't
•	Ask the patient how they	•	Don't assume - which
	would like to		also includes, not to
	communicate.		assume someone from
•	Always speak to and		another culture
	look at the person who		understands American
	is dead, not the		Sign Language.
	interpreter.	•	Don't cut off or finish
•	Speak slowly, clearly,		sentences or thoughts.
	patiently, and give time	•	Don't rush or ask the
	to respond.		patient to hurry.
•	Ask the person to repeat	•	Don't become impatient
	or spell it to confirm you		or annoyed.

• Don't assume a patient

can read lips.

### COMMUNICATION TOOLS AND RESOURCES

- To help you better communicate with members who are deaf or hard-ofhearing, learn about available technology resources or services, such as:
  - Assitive Listening Devices/ Amplification Technologies
  - Augmentative and Alternative Communication Devises
  - Audio Recordings
  - Captioning
  - Qualified American Sign Language (ASL) Interpreters
  - Qualified Readers
  - Relay Service
  - Speech Reading
  - Video Relay

